

Prairie Land Food

We gasp at the dollar amount when we fill our tanks with gas! As we walk through the supermarket we shake our heads over the rising food prices. We are all struggling with the cost increases! Prairie Land Food can help you stretch your food dollars! There are NO INCOME guidelines needed or asked for. Prairie Land Food is for EVERYONE!! The only qualification is helping others, something most of us do everyday! Volunteer for 4-H, church choir, teach Sunday School, take a walk and pick up trash, say a prayer for others. Convert your family's volunteer time into a tangible reward - groceries, provided by Prairie Land Food, at a discount.

ORDER TURN IN DATE:

Monday, SEPTEMBER 15
(Order must be paid for at the time you place your order.)

You can pay with check - cash or EBT food stamps. You can also order on-line at www.prairielandfood.com
NOW ACCEPTING DEBIT CARDS AND BANK DRAFT

FOOD PICK UP DAY:

Saturday, SEPTEMBER 27
St. Francis Xavier School
200 N. Washington
8:00 - 9:00 A.M.

Contact Information:

Saint Francis
Xavier School

(\$1.00 of every Prairie Pak will help support School Projects.)

Melanie Powers
785-226-6408

or

Linda Hagan
800-298-1989
clkhagan@ruraltel.net

Prairie Land Food is based on Love, Trust, Faith, Charity and Hope.

Prairie Pak "Sneak Peek" \$24.00 and 2 hours of volunteer service!

*B/S - Boneless Skinless *F/C - Fully Cooked *IQF - Individually Quick Frozen

- Asian Style Turkey Strips - 1 lb.
- F/C Shrimp Rings w/sauce - 10 oz.
- Lean Deli Sliced Ham - 1 lb.
- Lightly Dusted Chicken Tenders - 1 lb.
- Ground Breast of Turkey - 1 lb.
- Tasty Lasagna with Meat Sauce 1 1/2 lbs.

Choosing where you volunteer is up to you - any good deed qualifies!

Plus 6-8 different items Fresh Fruits & Vegetables

Note: Due to market conditions, items are subject to change.

A Prairie Pak must be purchased before adding additional packages.

Meat Only PACKAGE \$13.00 (plus one additional hour of service)

*the meat items listed above in the Prairie Pak

Fruit & Veggie PACKAGE \$11.00 (plus one additional hour of service)

**the fruits, vegetables and grocery items in the Prairie Pak.

~~~~~**SEPTEMBER** Specials ~~~~~

Special #1: "THE SHRIMP PLATTER" - \$16.00

**3 lbs Jumbo Breaded Butterfly Shrimp
PLUS ONE (1) HOUR OF VOLUNTEER SERVICE**

SPECIAL #2: "PORK CHOP SPECIAL" - \$17.00

**5.25 lb. Box of Lean - Boneless 6 oz. Pork Chops
PLUS ONE (1) HOUR OF VOLUNTEER SERVICE**

SPECIAL #3: "THE GOBBLER SPECIAL" - \$18.00

**3 (2 lb) Boneless F/C Turkey Breasts
Suggested Retail - \$36.00
PLUS ONE (1) HOUR OF VOLUNTEER SERVICE**

Because You Serve Others ~~~ We Serve You
Prairie Land Food is a Kansas based 501 (c)(3) organization!